

2018 Stillpoint Multi-Faith Campus Ministry Report

The spring term was a quiet one for Stillpoint Multi-Faith Campus Ministry. I earned a certificate in spiritual direction during that time, which required me to be away for two weeks in February and again in April. Although I offered “Pause for (No) Thought: Meditation for Everyone” when I was in town, I limited publicity to email. One staff member attended “Pause” regularly; five others attended once each. The regular staff member was excited about the idea of a retreat and recruited three colleagues, so I led a weekend retreat at Windridge Solitude in June. There was enough interest in the fall to do the same in October. The fall semester began with a table at the Involvement Fair, launched the term’s “Pause” program with a session that was part of Wellness Week, and ended with an LED candlelit labyrinth walk. Thanks in part to publicity by the Wellness Committee, more people than usual tried meditation during the term (16 staff, 10 students). “Pause” averaged 3.5 people a session, with two student, one staff, and one neighbor “regulars.” Please keep this unpaid ministry in your prayers, and thank you for your continued sponsorship.

Laurel Hayes, Campus Minister