

**Peace UCC**  
**May 17, 2020**  
**Breathing out — what can we let go of?**

**Prelude** "Processional"  
Franklin D. Ashdown  
MorningStar Music Publishers

**Welcome**

**Opening Words**

One: Breathe into the story that is Peace  
**Many: Breathe in, breathe out**  
**The breath of God**

One: Breathe in to the places we find comfort  
**Many: Breathe in, breathe out**  
**The breath of God**

One: Breathe out to the places and things we need to let go of  
**Many: Breathe in, breathe out**  
**The breath of God**

One: Breathe in the new life we are called to be  
**Many: Breathe in, breathe out**  
**The breath of God**

One: Breathe in the fresh breath of change  
**Many: Breathe in, breathe out**  
**The breath of God**

**Hymn** "There's a Spirit of Love in This Place"

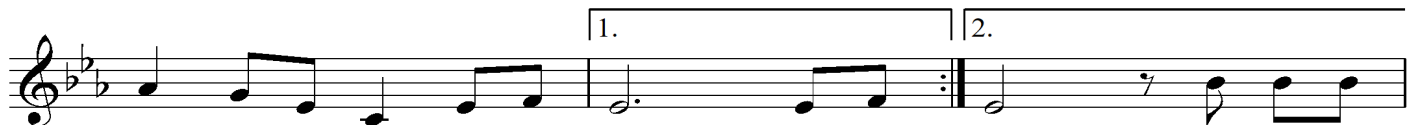
Mark A. Miller



There's a spir - it of love in this place, there's a spir - it of love in this  
pres ence of peace in this room, there's a pres ence of peace in this



place. You can't see it, but it's there, just as pre-cious as the air. There's a  
room. In God's ten - der-ness is found peace that pass - es hu-man bounds. There's a



spir - it of love in this place. There's a room. O al - le -  
pres - ence of peace in this



lu - ia, \_\_\_ sing al - le - lu - ia! We bless you ho - ly \_\_\_



name. O al - le - lu - ia, \_\_\_ sing al - le - lu - ia! There's a



spir - it of love in this place.

**Prayer of Invocation**

Gracious and loving God, come to us now as we breathe out the things that hold us back and weigh us down. Be present as we live in this moment, letting go of the shame of the past or the worry of the future. Renew us. Hold us close. Remind us we are wonderfully made in your image. Amen.

**Word in Song** Darcy Swanson "The Ash Grove"

Christine Schulz

MorningStar Music Publishers

**Sacred Texts**

**Isaiah 43: 16-19**

<sup>16</sup> Thus says the LORD,  
who makes a way in the sea,  
a path in the mighty waters,  
<sup>17</sup> who brings out chariot and horse,  
army and warrior;  
they lie down, they cannot rise,

they are extinguished, quenched like a wick:

<sup>18</sup> Do not remember the former things,  
or consider the things of old.

<sup>19</sup> I am about to do a new thing;  
now it springs forth, do you not perceive it?

I will make a way in the wilderness  
and rivers in the desert.

### Another Word

“With every breath, the old moment is lost; a new moment arrives. We exhale and we let go of the old moment. It is lost to us. In doing so, we let go of the person we used to be. We inhale and breathe in the moment that is becoming. In doing so, we welcome the person we are becoming. We repeat the process. This is meditation. This is renewal. This is life.”

— Lama Surya Das, *Letting Go Of The Person You Used To Be*

“The art of living... is neither careless drifting on the one hand nor fearful clinging to the past on the other. It consists in being sensitive to each moment, in regarding it as utterly new and unique, in having the mind open and wholly receptive.” — Alan Watts

**Sermon** Rev. Wendy Bruner

**Hymn** "This Is a Day of New Beginnings" Tune: Beginnings

This is the day of new be - gin - nings,  
For by the life and death of Je - sus,  
Then let us, with the Spir - it's dar - ing,  
Christ is a - live, and goes be - fore us

time to re - mem - ber and move on,  
God's might - y Spir - it, now as then,  
step from the past and leave be - hind  
to show and share what love can do.

time to be - lieve what love is bring - ing,  
can make for us a world of dif - ference,  
our dis - ap - point - ment, guilt, and griev - ing,  
This is a day of new be - gin - nings

1 - 3 | 4

lay - ing to rest the pain that's gone.  
as faith and hope are born a - gain.  
seek - ing new paths, and sure to find.  
our God is mak - ing all things new.

## **Joys and Concerns**

### **Prayer**

Creator, who art in heaven,  
hallowed be your name.  
Your kin-dom come, your will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts as we forgive our debtors,  
and lead us not into temptation,  
but deliver us from evil.  
For yours is the kin-dom, and the power,  
and the glory for ever and ever. Amen.

### **A Time for Gratitude**

Gracious God, we give thanks.  
We ask your blessings on these gifts of time,  
talent, and treasure as we use them to join  
Your work in the world. Amen

### **Closing**

**Postlude** Postlude on “Hyfrydol”  
Jason D. Payne Rowland H. Pritchard  
Lorenz Publishing

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