“Like the sun, I’m here to shine.”

Write or draw pictures of five things you are good at or love to do in the sun.
“Like the voice, I’m here to sing.”

Copy and paste these URLs into your browser and you are ready to start singing.

https://www.youtube.com/watch?v=gDrq65JhJsc

https://www.youtube.com/watch?v=nJ1QEE_RXP8

https://www.youtube.com/watch?v=58D8sbMfEao
“I’m not meant to be like you; you’re not meant to be like me.”

Create a bouquet of flowers using a variety of cupcake liners. Then add this Islamic Proverb to your picture to remind yourself diversity is so very important.

“A lot of different flowers make a bouquet.”
Create a Chain of Compliments

How do you feel when you make someone happy or cheer up someone who’s sad? Being helpful and friendly to others can make you feel good. One way that makes everyone feel good is to tell people something nice about them. Those nice words are called a compliment.

**Needed Items:**
- Construction paper
- Scissors
- Tape
- Markers, pens, or crayons

**Directions:**
1. Cut strips of construction paper.
2. Write something nice about each family member of a different strip of paper.
3. Connect the strips of paper to make a chain.
4. Hang your compliment chain up in your house somewhere.
Activity Sheets

1. Celebrating You Sheet  I AM __________
3. Diversity Coloring Sheet
4. Be Yourself Coloring Sheet

I'm not meant to be like you;
you're not meant to be like me.
Sometimes we will get along,
And sometimes we will disagree.

I Am Enough
I AM

The main message in *I Am Enough* is self-acceptance. There are many things that make you unique, and they should be celebrated! Complete the sentences below with the words that describe you.

My eyes are ________________.

I like to ________________.

My hair is ________________.

I live in ________________.

My favorite color is ________________.

I am ________________.
WITH A LITTLE HELP FROM MY FRIENDS

I Am Enough is full of friends playing together and supporting each other. Draw your friends below, and include some of their favorite things!
Be Yourself.
Everyone else is taken.
I know that we don’t look the same:
our skin, our eyes, our hair, our frame.
But that does not dictate our worth;
we both have places here on earth.