Kindness Song

It is important to treat all our friends with kindness and care. Listen to “Kindness” by the Juicebox Jukebox. Copy and paste the URL below into your browser and you are ready to start.

https://www.youtube.com/watch?v=H98Rfljxmsc

A rainbow of friends is a dream we can share where everyone’s treated with kindness and care.
Friends Poem

Friends

Friends care.
Friends share.
We need friends everywhere!
Your Friends

Draw a picture of all your friends together on the next page. Include something about each friend that makes them special and different.
Friends

I am a friend when...

________________________

________________________

________________________

________________________
Rainbow Cloud Playdough

Follow the recipe below to make your own cloud playdough. Color your playdough for each color of the rainbow to remind you that all your friends are special and different.

All you need is:

1 part conditioner

2 parts corn flour/corn starch

Food coloring
**Step 1**
Pour your conditioner into a bowl (we used a home brand conditioner – note that not all conditioners are of the same consistency so you may need to add a little more or a little less corn flour to get the right consistency for you)

**Step 2**
Pour in the corn flour

**Step 3**
Give the mixture a good stir

**Step 4 (optional)**
Add a few drops of food coloring

**Step 5**
Mix well using your hands. This part smells delicious!

**Step 6**
Have FUN moulding, squishing, shaping and playing with your new Playdough!

No Cook Playdough
Rainbow Heart Art

Create your own rainbow heart using paint, Q-tips, and the pattern on the following page.

A rainbow of friends is the vision we see when we think about peace and world harmony.
Activity Sheets

1. Friends Word Search
2. Friendship Bracelets
3. Rainbow of Friends Coloring Sheet

Still, each friend is given a share of our hearts, so no one feels different, unloved, or apart.
HOW TO BE A GREAT FRIEND WORD SEARCH

Find each of the words about important friendship qualities hidden below.

WORDS TO FIND

brave
caring
communication
confidential
considerate

empathetic
faithful
forgiving
funny
generous

honest
inseparable
kind
listener
loving

loyal
protective
thoughtful
truthful
trustworthy

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LET'S BE FRIENDS!

Color the paper friendship bracelets below. Then cut out and give to friends in class. Try sharing your friendship bracelets with new friends!

How to make a friendship bracelet: Color. Cut. Use glue or tape to fasten the ends of the paper together to make a bracelet.
A RAINBOW OF FRIENDS is a dream we can share where everyone’s treated with kindness and care.

- P.K. Hallinan