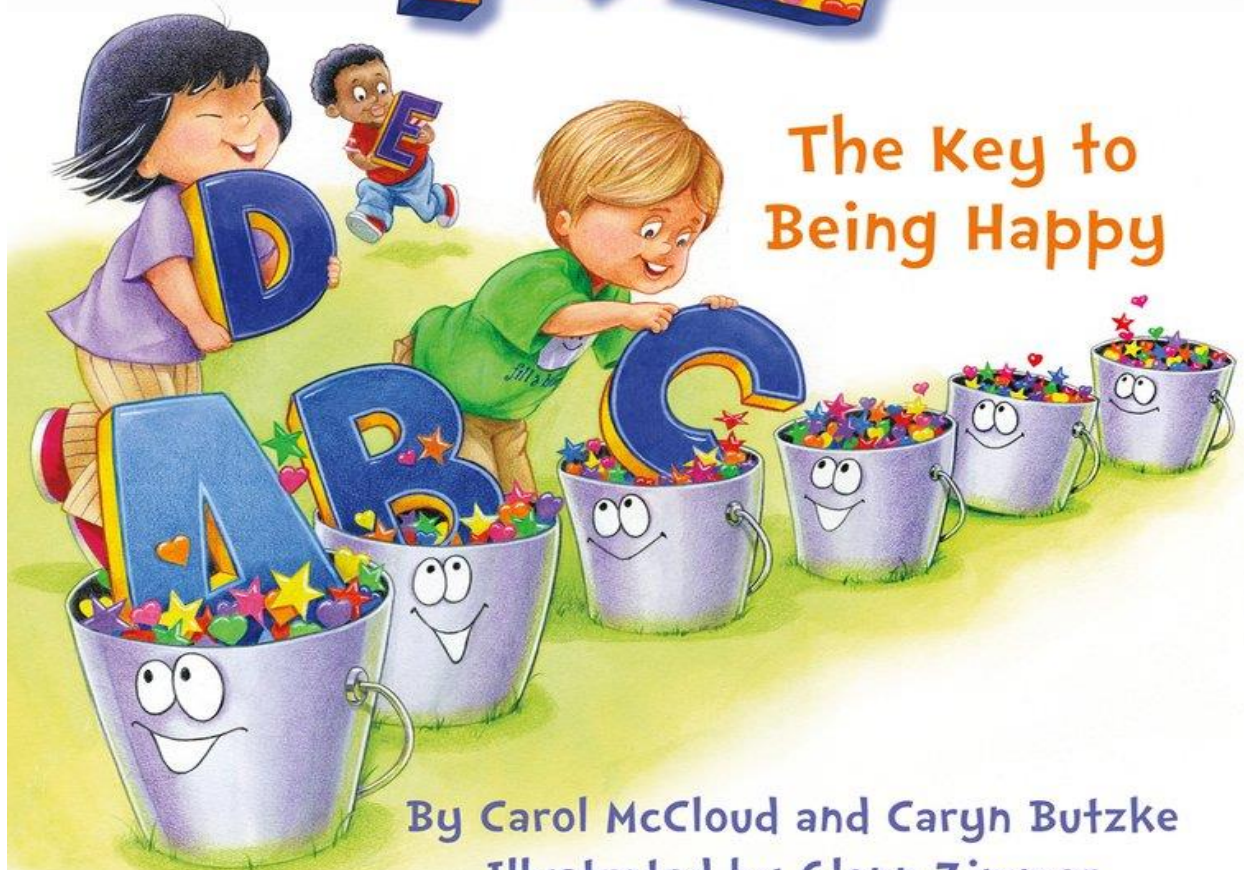


Bucket Filling

from



The Key to
Being Happy



By Carol McCloud and Caryn Butzke
Illustrated by Glenn Zimmer

Activity Packet

Colossians 3:12

As God's chosen ones, holy and beloved,
clothe yourselves with compassion,
kindness, humility, meekness, and
patience.

CHOOSE
Kindness



Pot of Kindness



Create a pot of kindness.

1. Cut a pot out of black construction paper.
2. Track your hands on several different colors of construction paper.
3. When you do an act of kindness write in on a hand and add it to your pot of kindness.

Kindness Bingo

Play Kindness Bingo on
the following page.
Can you get four in a row?

choose
kindness

Kindness Bingo

Ask someone if they need help.	Tell someone why they're awesome.	Give someone a high five!	Sit by a new student at lunch.
Play with someone new at recess.	Write a compliment note.	Hold a door open for someone.	Push in someone's chair.
Say "hi" to someone new.	Thank an adult in the building for something they do.	Read a book with a friend.	Make a card for your favorite teacher.
Help someone clean up.	Help someone before they ask.	Smile in the hallway.	Tell someone what makes them super!

Kindness Card



Make a kindness card to give and give to someone.

it's cool
to be
KIND

Activity Pages

1. Kindness Word Find
2. Blooming with Kindness #1
3. Blooming with Kindness #2
4. We Are Kind to One Another
Coloring Sheet
5. Be Kind Coloring Sheet

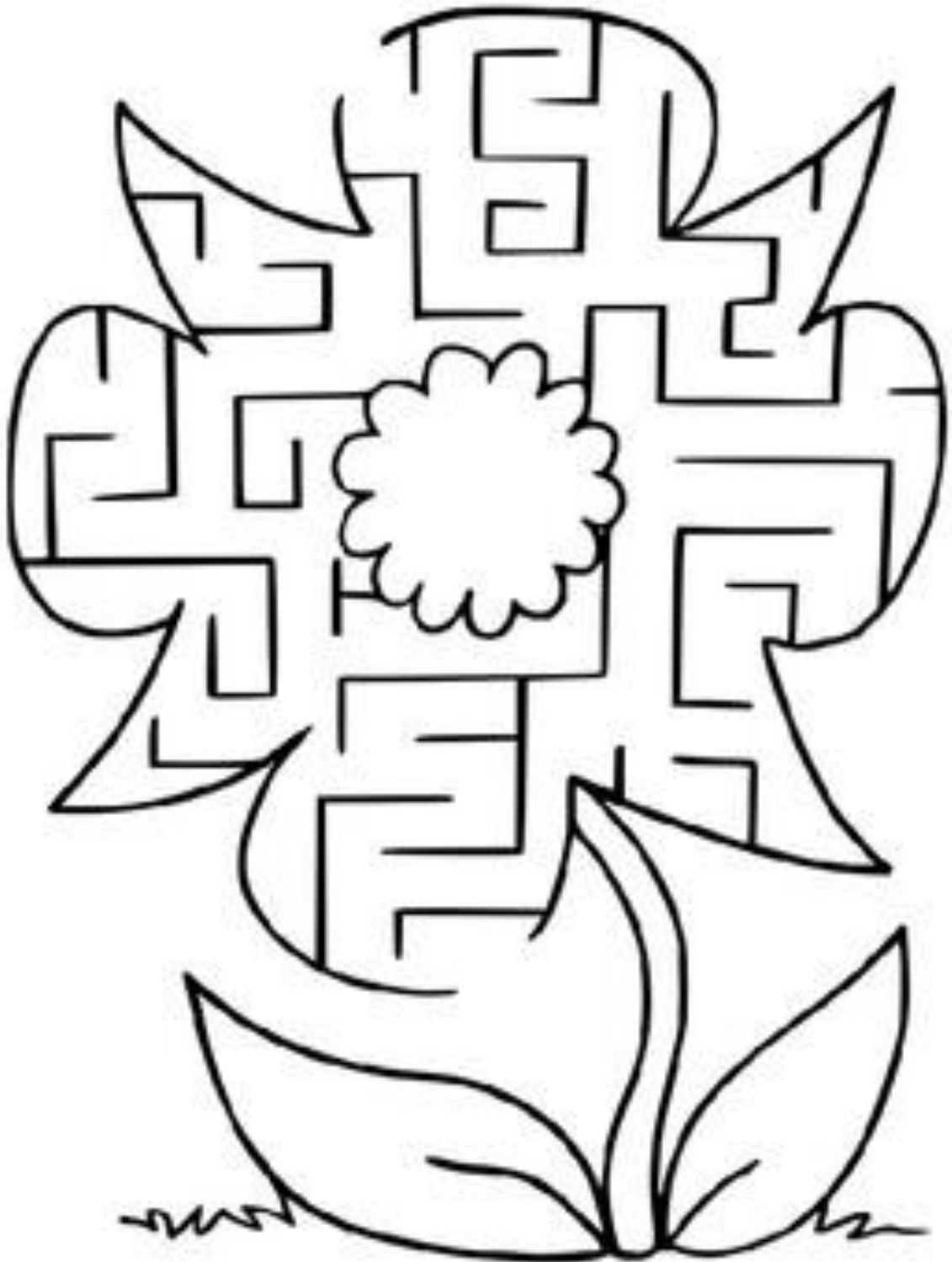
kindness
MATTERS

Kindness Word Find

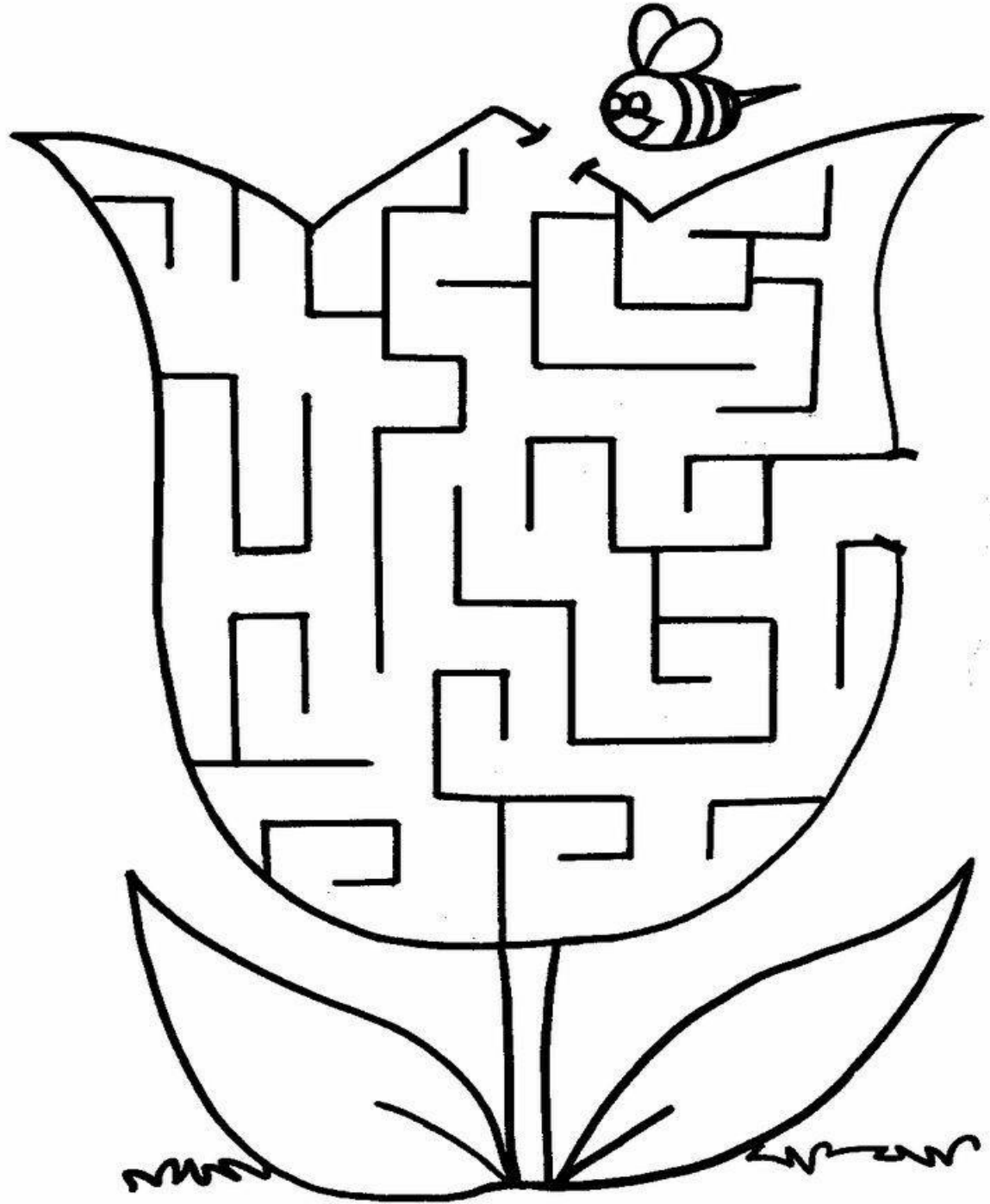
H	E	L	P	F	U	L	L	T	O
E	I	H	A	P	P	Y	O	O	N
N	S	E	E	F	A	S	V	C	O
C	O	M	P	A	S	S	I	O	N
O	B	U	T	I	K	Y	N	U	A
U	F	G	T	R	I	H	G	R	T
R	R	I	H	C	N	T	B	T	H
A	I	V	A	H	D	R	E	E	O
G	E	I	N	O	N	O	K	O	U
I	N	N	K	N	E	W	I	U	G
N	D	G	F	E	S	T	N	S	H
G	L	O	U	S	S	S	D	W	T
V	Y	N	L	T	X	U	I	A	F
C	A	R	I	N	G	R	N	S	U
R	E	S	P	E	C	T	F	U	L

KINDNESS COMPASSION CARING FAIR
FRIENDLY COURTEOUS GIVING HAPPY
HELPFUL HONEST LOVING KIND
THANKFUL THOUGHTFUL TRUSTWORTHY
ENCOURAGING

Blooming with Kindness #1



Blooming with Kindness #2



WE are

kind to

one another

